

# TB – DON'T WAIT 'TIL IT WAKES...

Tuberculosis (TB) is a serious illness caused by airborne bacteria. People at increased risk:

- have links to a country where TB is common
- know someone who has, or has had, TB
- have low immunity caused by ill-health or lifestyle stresses
- live in crowded or poorly ventilated accommodation

**Think TB** – early diagnosis and treatment is important for active TB

**Test and treat for latent TB** – prevention is better than cure

Your local CCG is running free latent TB testing and treatment for new arrivals from countries where TB is common.

**Contact:**



## ACTIVE TB

- TB bacteria are **awake**, multiplying and damaging tissue
- Infectious if in lungs or throat
- Treated with 4+ antibiotics over 6+ months

Symptoms: cough, fever, weight loss, loss of appetite, night sweats, tiredness



## LATENT TB

- TB bacteria are **asleep**, controlled by the immune system
- Not infectious
- No symptoms
- Treated with 1-2 antibiotics over 3-6 months

People with latent TB have a 1 in 10 chance of developing active TB

